

August 2009 - September 2009

August 2009							September 2009						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1			1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26
23	24	25	26	27	28	29	27	28	29	30			
30	31												

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
August 10	11	12	13	14	15
5:00pm - 7:00pm Registration & Equipment Issue 7:00pm - 9:00pm Conditioning Combine	2:00pm - 3:30pm FCPS Safety Meeting 3:30pm - 5:30pm Team Meeting 6:00pm - 9:00pm Team Practice	3:30pm - 5:30pm Team Meeting 6:00pm - 9:00pm Team Practice	3:30pm - 5:30pm Team Meeting 6:00pm - 9:00pm Team Practice	9:00am - 11:30am Team Practice 3:30pm - 5:30pm Team Meeting 6:00pm - 8:30pm Team Practice	9:00am - 11:30am Team Practice 12:00pm - 1:30pm Cookout 3:30pm - 5:30pm Team Meeting 6:00pm - 8:30pm Team Practice
17	18	19	20	21	22
9:00am - 11:30am Team Practice 3:30pm - 5:30pm Team Meeting 6:00pm - 8:30pm Team Practice	9:00am - 11:30am Team Practice 3:30pm - 5:30pm Team Meeting 6:00pm - 8:30pm Red / Blue Scrimmage	9:00am - 11:30am Team Practice 3:30pm - 5:30pm Team Meeting 6:00pm - 8:30pm Team Practice	9:00am - 11:30am Team Practice 3:30pm - 5:30pm Team Meeting 6:00pm - 8:30pm Team Practice	9:00am - 11:30am Team Practice 3:30pm - 5:30pm Team Meeting 6:00pm - 10:00pm Varsity Scrimmage (Home)	8:00am - 9:00am Team Pictures 9:00am - Noon Team Practice
24	25	26	27	28	29
9:00am - 11:30am Team Practice 3:30pm - 5:30pm Team Meeting 6:00pm - 8:30pm Team Practice	9:00am - 11:30am Team Practice 3:30pm - 5:30pm Team Meeting 6:00pm - 8:30pm Team Practice	9:00am - 11:30am Team Practice 3:30pm - 5:30pm Team Meeting 6:00pm - 8:30pm Team Practice	9:00am - 11:30am Team Practice 3:30pm - 5:30pm Team Meeting 6:00pm - 8:30pm Team Practice	9:00am - 11:30am Team Practice 3:30pm - 5:30pm Team Meeting 6:00pm - 10:00pm Varsity Scrimmage (Home)	9:00am - Noon Team Practice
31	September 1	2	3	4	5
4:00pm - 7:00pm Team Practice	2:00pm - 9:00pm Freshmen Scrimmage (Away) 4:00pm - 10:30pm JV Scrimmage (Away) 4:00pm - 7:00pm Varsity Practice	4:00pm - 7:00pm Team Practice	4:00pm - 6:00pm Freshmen & JV Practice 5:00pm - 10:00pm Varsity Game (Home)	4:00pm - 7:00pm Team Practice	9:00am - Noon JV & Varsity Practice
7	8	9	10	11	12
Labor Day - No Activities	4:00pm - 6:30pm Team Practice	4:00pm - 6:30pm Team Practice	4:00pm - 6:30pm Varsity Practice 4:00pm - 9:00 Freshman Scrimmage (Away) 5:00pm - 10:30 JV Scrimmage (Away)	4:00pm - 6:00pm Freshmen & JV Practice 5:00pm - 10:00pm Varsity Game (Home)	9:00am - Noon Varsity Practice
					13
					No Activities